



To complete the pre-check form you will need:

1. Your passport (number and expiry date)
2. Flight details (airline, flight # and date)
3. Address of where you will be staying

To complete the Health Form, you will also need a photo of the following to upload and attach:

4. Your covid test results
5. Passport photo page

This site works best with Chrome, Microsoft Edge or Mozilla Firefox. Mac users have reported issues with the site not working and also those with a Hotmail email.

Internet Explorer and Safari on Android mobile devices have issues. If you have an issue with any other device or browser, try using Google Chrome on a PC and failing that, try another device.

If using a PC, select English on the home page.

If you don't see this option, use Google Chrome and right click anywhere on the screen and select "Translate to English".

If neither of these options work, use Google Translate <https://translate.google.ca/?hl=en&tab=TT>

Screenshots included here use the English option which, by default, gives you the translation (except for the dropdowns).

*Tip: Don't change language midway through the form; it will erase everything you have entered.*



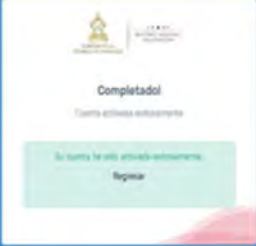
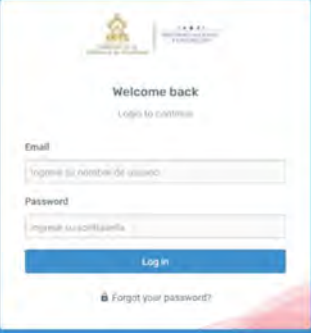
- You can register for a new account at any time.
  - If you have registered with the Immigration ALAM system for a Tourist Visa extension or Residency renewal, this is a different account. You need to register again.
- You can only fill out the pre-check form within 48 hours of leaving
  - Date of your flight must be same day you fill out the form, the next day or the day after. E.g., If flying Sat, Dec 19, you must fill out the form on Dec 17, 18 or 19.
  - Date of Departure from country of Origin – enter a date beyond tomorrow's date
- A form must be completed each time you enter or leave Honduras.
- Forms for each family member can be created within the same account.
- *Tip:* For dropdown lists, type the first few letters of the word you want to select and a list of matching words will be displayed.

# 1. If required, register for a new account

	<p>Correo Electrónico – email address Contraseña – password Click “Sign up now”</p>
--	---

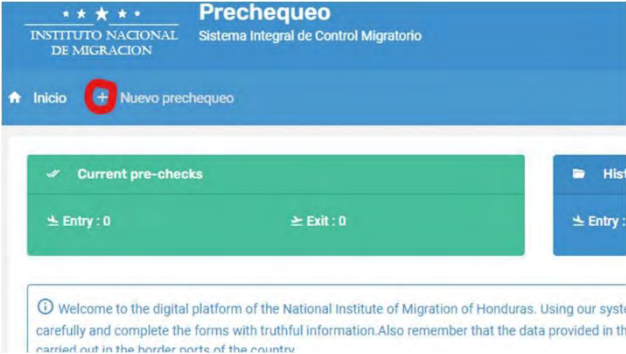
	<p>Correo Electrónico – Email Nombre Completo – Full name Contraseña – Password Confirmar Contraseña – Confirm Password Código de Verificación: Verification code</p> <p>Click the blue “Register” box. Check your inbox for an email.</p>
--	--

	<p>← Sample email Click on the blue box ‘activar mi cuenta’. If that doesn’t work, use the web site link.</p>
--	---

	<p>Click on the light green box 'Regresar'.</p>
	<p>Sign in with the email and password that you registered with. Click on Log in.</p>

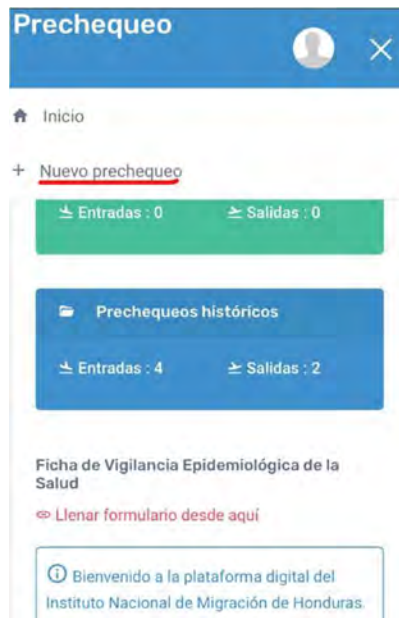
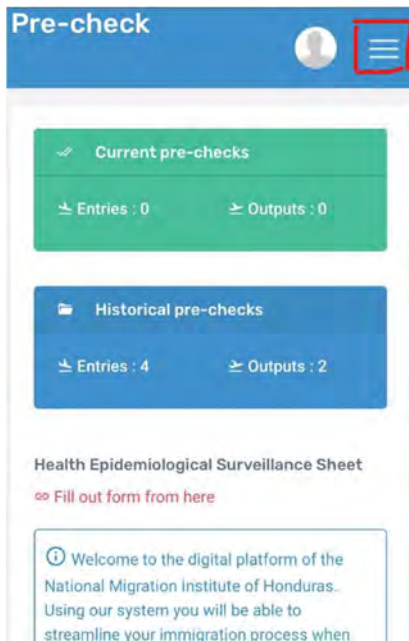
**2. Create the Pre-check Form**

- a) On a PC, select the “+” sign for New Pre-check or Nuevo pre chequeo



The screenshot shows the 'Prechequeo' interface. At the top, it says 'INSTITUTO NACIONAL DE MIGRACION Sistema Integral de Control Migratorio'. Below that is a navigation bar with 'Inicio' and 'Nuevo prechequeo' (the latter is circled in red). The main content area has a green header 'Current pre-checks' and a summary box showing 'Entry : 0' and 'Exit : 0'. A blue sidebar on the right contains 'Historial' and 'Entradas'.

b) On a phone, access the form via the 3 horizontal lines in the top right, then select “Nuevo prechequeo”



## Trip Information

**Tip:** When selecting a value from a dropdown list, type in the first few letters and a shortlist of matches will appear.

### Select your country of origin

This is the country your trip originates in :

- a. For USA, type “Estad” and Select “Estados Unidos de Norte América”
- b. For Canada, select “Canada”
- c. For UK, Select “Reino Unido”

If you are leaving Honduras, select “Honduras” otherwise you will go down the entry questions again.

### Select your Destination

If you are coming to Honduras, select “Honduras”

If you are leaving Honduras, select your final destination:

- a. For USA, type “Estad” and Select “Estados Unidos de Norte América”
- b. For Canada, select “Canada”
- c. For UK, Select “Reino Unido”

### What's your nationality?

- a. For US, Select “United States”
- b. For Canada, select “Canada”
- c. For UK, Select “Reino Unido”

**Click “Continue”**

1 Trip information | 2 Personal information | 3 Health surveillance form | 4 Review and confirmation

Origin country : ESTADOS UNIDOS DE NORTE AMERICA | Destination country : HONDURAS | Nationality : UNITED STATES

\* Type of transport: AEREO  
 \* Travel date: 13/09/2020  
 \* Travel time: 12:00  
 \* Destination State: ISLAS DE LA BAHIA  
 \* Immigration office: ROATAN AEROPUERTO  
 \* Travel reason: TURISMO  
 \* Destination City: ROATÁN  
 \* Transport company: AMERICAN AIRLINES  
 \* Destination Address: Pristine Bay  
 \* Stay (in days): 32  
 \* Flight number: 9453

Continue

<p>Medio de transporte / Type of transport          Delegación/Immigration Office</p> <ul style="list-style-type: none"> <li>• <i>Roatan = Roatan Aeropuerto (or Roatan Airport)</i></li> <li>• <i>San Pedro Sula = La Mesa (or Table)</i></li> <li>• <i>Tegucigalpa = Toncontin</i></li> <li>• <i>Goloson = La Ceiba</i></li> </ul> <p>Empresa de transporte / Transport Company          Numero de vuelo / Flight number</p>	<p>Fecha de viaje / Travel date</p> <ul style="list-style-type: none"> <li>• Select from calendar (only next 48 hrs)</li> <li>• Hora de viaje / Travel time (departure time)</li> </ul> <p>Motivo de viaje/Travel reason  <i>Tourism – turismo</i></p> <p>Dirección prevista / Destination Address          This has to be min. of 15 characters so add “Roatan” or “Bay Islands” if needed</p>	<p>Departamento que visita/Destination State  <i>This will be your final destination state and city e.g. If travelling via San Pedro to Roatan, put Islas de la Bahía and Roatan</i></p> <ul style="list-style-type: none"> <li>• <i>Bay Islands - Islas de la Bahía</i></li> </ul> <p>Municipio que visita – Destination City          Tiempo de estadía (días) / Stay (in days)</p> <ul style="list-style-type: none"> <li>• 120 days is the maximum. Enter that even if you are staying more or are a resident.</li> </ul>
--	---	---

## Personal Information

Origin country: ARUBA | Destination country: HONDURAS | Nationality: ARUBA

List of travel documents you have registered. Select the one you will use on this trip, if not, fill in all the fields that are requested below

Document information

Document type: PASAPORTE

Issuing country: ESTADOS UNIDOS DE NORTE AMERICA

Document number: 2223334444

Expiration date: 01/01/2030

Personal information

Name: Mickey

Lastname: Mouse

Date of birth: 01/01/1960

Gender: MASCULINO

Country of birth: ARUBA

Country of resident: ESTADOS UNIDOS DE NORTE AMERICA

Profession or occupation: RETIRADO

Personal phone number: 2223334444

Personal e-mail: mickey@disney.com

List of travel documents you have registered. Select the one you will use on this trip, fill in all the fields that are requested below.  
(If you completed any pre-check(s) previously, you will find it here).

Document Type – Pasaporte

Issuing Country – USA = *Estados Unidos de Norte América*

Document number – Enter Passport number

Expiration date - Enter passport expiration date; format is dd-mm-yyyy or pick from the calendar.

Date of birth –Enter in the format dd-mm-yyyy.

Country of birth – USA = *Estados Unidos de Norte América*

Country of Residence – USA = *Estados Unidos de Norte América*

Profession or Occupation:

- Retired – retirado
- Use Google translate to find your occupation <https://translate.google.ca/?hl=en&tab=TT#view=home&op=translate&sl=auto&tl=es>

Personal Phone Number: Numeric only

Save the form. You should receive an email with a PDF of the completed pre-check form within the next few minutes and this form should be printed.

After submission, you will be presented with this screen.

If entering Honduras, you must complete the Customs Form by clicking on the red icon “Formulario de declaración jurada de aduana”

Only one is required for each husband and wife and children under 21.

Creation of pre-check

Completed  
Pre-check successfully saved

Create new pre-check

Every traveler who arrives or leaves the country by any authorized route must present the traveler's regional affidavit. In the case of a family group, understanding as such only the husband, wife and children under 21 years of age, a single declaration will be made. In cases where the family group includes children over 21 years of age, they must fill out their own declaration separately.

Create Regional Affidavit of the Traveler



Customs sworn declaration form

Traveler's name	Travel date
Surnames	08-11-2020
Birthdate	Country of origin
	CANADA
	Destination country
	HONDURAS

* Number of family members traveling with you	* Have you enjoyed tax exemption in the last 6 months?	* Do you carry or bring live animals, plants, food products or derivatives of any of these?
<input type="text"/>	<input type="text"/>	<input type="text"/>
* Amount of luggage traveling with you	* Amount of unaccompanied baggage	* Do you carry or bring chemicals, pharmaceuticals, toxic substances or waste, weapons, ammunition or explosives?
<input type="text"/>	<input type="text"/>	<input type="text"/>
* Do you carry or bring with you cash or monetary values, securities, objects, precious metals or a combination of these for a value equal to or greater than US \$ 10,000.00 or its equivalent?		
<input type="text"/>		
* Do you carry or bring goods other than luggage?		
<input type="text"/>		

SAVE

- Number of members travelling with you – **Enter number**
- Amount of luggage travelling with you – **Enter # of checked and carry-on bags**
- Have you enjoyed a tax exemption in the last 6 months – **No, unless it applies**
- Amount of unaccompanied baggage – **If none, enter zero.**
- Did you carry or bring live animals, plants, food products or derivatives of any of these? **Yes/ No**
- Do you carry or bring chemicals, pharmaceuticals, toxic substances or waste, weapons, ammunition or explosives **Yes/No**
- Do you carry of bring with you cash or monetary values, securities, objects, precious metals or a combination of these for a value equal to or greater than \$10,000 USD or its equivalent? **Yes/No**
- Do you carry or bring goods other than luggage? **Yes/No**

Note: If you delete your pre-check form for any reason, it will automatically delete the associated Customs Form.

**Once completed, this generates a PDF of the Customs Form which will be emailed to you and must be printed.**

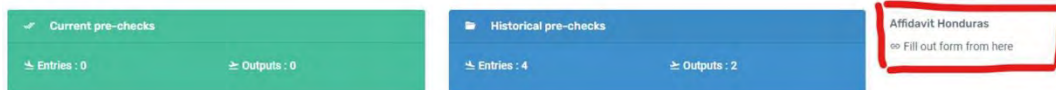
## Honduras Affidavit (Epidemiological Surveillance Sheet and Affidavit of Health)

You also need to complete this form and upload a copy of your covid test results and passport photo page.

You will not receive a confirmation email or a copy of this form once it is submitted.

It does not need to be printed and shown at check-in or at immigration.

On a PC, you will find this form on the home page to the right of the green and blue boxes:



Welcome to the digital platform of the National Migration Institute of Honduras. Using our system you will be able to streamline your immigration process when you appear at the authorized ports of entry and exit of the country. Please read the instructions carefully and complete the information with truthful information. Remember that the data provided in this platform does not represent the authorization of entry and / or exit from the country, the entry or exit of the country is subject to the immigration interview carried out in the border ports of the country

On a phone, you will see it here:





## Completing the Health Form

You can switch the form to Spanish or English using the option at the top of the page (to the top right if on a PC, top center if on a phone). There is no issue switching midway through, you won't lose any data.

Warning: There are some issues when using English for the Health Form in that the questions with \*\*\* below do not display information correctly. Issue has been reported, but in the meantime switch from English to Spanish at the top of the page to see the missing content. Switch back to English for the next question.

You can jump to any question in the form or to the end to save as a draft by clicking on the 3 horizontal lines in the top right corner and selecting the very last option, **Form ID....**). Note however all questions must be answered before you can submit. See details at end of these Health form questions on how to retrieve your saved draft.

1. Form of Entry
  - a. Air
  - b. Land
  - c. Sea
2. Port of Arrival
  - a. Juan Manuel Galves – Roatan
  - b. Ramon Villeda Morales – San Pedro Sula
  - c. Tegucigalpa – Toncontin
  - d. Goloson – La Ceiba
3. Name of the airline
  - a. If Sun Country has not been added, select Private Flight, then select any of the 3 names listed Aeros Pinot, FLY VIP or Amerijet.
4. Date of arrival
5. Time of arrival
6. Flight number
7. Seat number – Enter 0 if not yet assigned
8. \*\*\*Reasonable to notify (pre-filled with the assigned doctor to review your form)
9. \*\*\*Date when survey is filled
10. Passport Number

11. Add main page of your passport – upload photo page
12. Date COVID-19 (test) was taken
13. Add image of your COVID test results
14. First Name
15. Middle Name
16. Last Name
17. Second Last Name
18. Date of Birth
19. Gender
20. Nationality
21. Profession
  - a. Your profession may not be listed, if you can find something similar, select that. If not, select any value.
  - b. Retired is not an option so select any other value.
22. Pregnant?
23. Have you any signs of symptoms (of COVID-19)?
  - a. If yes, select all symptoms present on next question.
24. \*\*\*Have you been infected with COVID-19?
  - a. If yes, enter date of diagnosis on next question.
25. \*\*\* Your actual condition (pre-filled answer;(Asymptomatic or Symptomatic
26. Country of Residency
27. \*\*\* Last connections (List cities you have been)
  - a. List countries you have travelled through to get to Honduras. If only US, then type USA.
28. Traveller Type
29. Expected Address in Honduras
  - a. Type of Stay
    - i. House or Residency
      1. Neighbourhood – e.g West Bay, West End, Sandy Bay, First Bight, Camp Bay
      2. Street name or Number (enter name of street or community)
      3. House Number (if none, put n/a)
      4. Other reference – any other information used to identify the residence e.g., Blue and white house on the left.
    - ii. Hotel
  - b. Department
    - i. Islas de la Bahia
  - c. Municipality
    - i. Roatan
    - ii. Guanaja
    - iii. Jose Santos Guardiola
    - iv. Utila
30. Email
31. Phone Number
32. Expected Departure Date (not asked for Residents)
33. Time of Stay in the country (pre-filled with # of days from your date of arrival until date of departure)
34. Sworn Statement
  - a. I certify that on this date I have completed the Health Surveillance Form....

- b. I am aware that I must comply with the instructions here, maintaining social distancing....
- c. I am committed to comply with the measures established...
- d. Note: If any of the citizens or foreigners entering the country present the symptoms...

- 35. Acceptance
- 36. Place of signature
- 37. Save Draft or Submit

If you wish to begin completing this form in advance of getting your covid test results (which you have to upload a copy of), you can save it as a draft when you get to the end (using the 3 horizontal lines in the top right of the page and very last option, **Form ID....**). The draft record is stored only within the current browser and you can close this browser without losing the stored record. Draft records can be accessed by reopening this page and clicking the right close bracket symbol on the very left and middle of the screen that looks like this ] , highlighted in yellow below. After clicking on the ] and then click on the right arrow in red to reload all the values entered.



Warning: If you clear your browser cache, all draft and unsubmitted final records will be permanently deleted.

## Printing your Pre-Check and Customs Forms

You need to print a copy of both your pre-check and customs form to show when you check in on the first leg of your flight to Roatan. **E.g. if you are flying San Francisco to Houston to Roatan, you need to show it to the check in agent in both San Fran, Houston and then to Roatan Immigration.**

You should have received two emails to the email that you registered with. One if for the Precheck form and the other is the Customs Declaration. The Precheck form looks like at the top with a QR Scan code in the top right corner

**Prechequeo No.** 881196 **Usuario** john\_macdonald@aol.com  
**Fecha de Creación** 17/12/2020 10:06:07

1. See highlighted box in red in screenshot below.

Once you have completed both the precheck and the customs declaration, your PC screen should look like this.

Customs Form on the top, highlighted in yellow, and the Precheck, highlighted in purple.

### Customs Form

- Print out one copy of the form from the email you received and sign it.

### Precheck

- The 4 icons red lined on the right allow you to print (highlighted red box above), email, modify and delete the form.
- Print out a copy for each person; highlight your name, date of flight and pre-check number.
- If you are **leaving** Honduras and are unable to print a copy, you will still be allowed to board, however you must have a copy to show if you are entering Honduras.

Also remember to have a copy of your COVID test results. Make another copy if you'll be travelling through another country to get to Honduras e.g. Guatemala, in case they need to keep one copy.

## What if I didn't receive an email with my precheck form?

In the event you did not receive an email with your precheck, there is another way to print off the precheck using the instructions below.

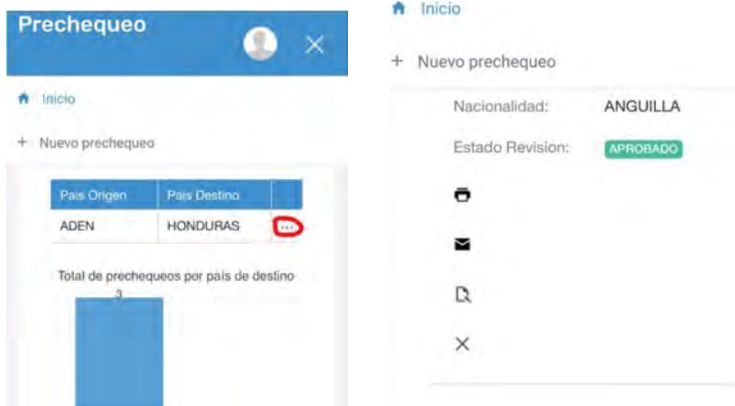
Note: There is no other way to get another copy of the Customs Form so advise the agent you completed it but never received it and will fill out a paper copy.

On a phone,

1. Go to the home page by clicking on the 3 horizontal lines in the top right corner and selecting the small home



2. Scroll down the screen to see the list of active prechecks or prechequeos vigentes.
3. Find the relevant precheck and click on the 3 horizontal dots on the far-right side
4. Scroll down until you see the icons to print, email, modify and delete. Select as required.



On a PC,

2. Go to the home page by clicking on the small home icon top left →
3. Scroll down the screen to see the list of active prechecks or prechequeos vigentes.



To the right of the relevant precheck form, you will see the icons to print, email, modify and delete. Select as required.

## Version History

Version 1.0 - 16 Sep 2020 – Initial version

Version 1.1 - 20 Sep 2020 - Updated with Destination States for San Pedro & Tegucigalpa. Correct reversed images for Pre-check and Affidavit.

Version 1.2 – 7 Nov 2020 – Updated pre-check submission page and link to Affidavit.

Version 1.3 – 30 Nov 2020 – Corrected incorrectly rotated image

Version 1.4 - 09 Dec 2020 – Revised to reflect changes to site (all covid questions moved to Affidavit). Add screenshots for iPhone users. Add requirement to print Customs Form.

Version 1.5 – Add reminder to complete pre-check and customs form upon departure. Add image of what precheck header looks like.

Version 1.6 – Add all Health Form questions and workarounds where bugs exist.